Personal Development Curriculum Map

Personal Development Criteria

developing responsible, respectful and active citizens who are able to play their part and become actively involved in public life as adults

developing and deepening pupils' understanding of the fundamental British values of democracy, individual liberty, the rule of law and mutual respect and tolerance

developing pupils' character, which we define as a set of positive personal traits, dispositions and virtues that informs their motivation and guides their conduct so that they reflect wisely, learn eagerly, behave with integrity and cooperate consistently well with others. This gives pupils the qualities they need to flourish in our society

promoting an inclusive environment that meets the needs of all pupils, irrespective of age, disability, gender reassignment, race, religion or belief, sex or sexual orientation

promoting equality of opportunity so that all pupils can thrive together, understanding that difference is a positive, not a negative, and that individual characteristics make people unique

developing pupils' confidence, resilience and knowledge so that they can keep themselves mentally healthy

enabling pupils to recognise online and offline risks to their well-being – for example, risks from criminal and sexual exploitation, domestic abuse, female genital mutilation, forced marriage, substance misuse, gang activity, radicalisation and extremism – and making them aware of the support available to them

enabling pupils to recognise the dangers of inappropriate use of mobile technology and social media

developing pupils' understanding of how to keep physically healthy, eat healthily and maintain an active lifestyle, including giving ample opportunities for pupils to be active during the school day and through extra-curricular activities

developing pupils' age-appropriate understanding of healthy relationships through appropriate relationships and sex education

supporting readiness for the next phase of education, training or employment so that pupils are equipped to make the transition successfully

Personal development criteria	Year 1/2									
	Family and relationships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing	Family and relationships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing
Developing responsible, respectful and active citizens who are able to play their part and become actively involved in public life as adults						Lesson 5				
Developing and deepening pupils' understanding of the fundamental British values of democracy, individual liberty, the rule of law and mutual respect and tolerance					Lessons 1, 4, 5, 6				Lessons 1, 5	Lessons 2, 3, 5, 6
Promoting equality of opportunity so that all pupils can thrive together, understanding that difference is a positive, not a negative, and that individual characteristics make people unique	Lesson 7			Lesson 4	Lesson 6	Lessons 2, 7			Lesson 5	Lessons 5, 6
Promoting an inclusive environment that meets the needs of all pupils, irrespective of age, disability, gender reassignment, race, religion or belief, sex or sexual orientation	All lessons are planned to be inclusive.									
Developing pupils' character, which we define as a set of positive personal traits, dispositions and virtues that informs their motivation and guides their conduct so that they reflect wisely, learn eagerly, behave with integrity and cooperate consistently well with others. This gives pupils the qualities they need to flourish in our society					Lesson 6					Lesson 5, 6

Personal development criteria	Year 1/2									
	Family and relationships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing	Family and relationships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing
Developing pupils' confidence, resilience and knowledge so that they can keep themselves mentally healthy		Lessons 1					Lessons 5			Lesson 5
Enabling pupils to recognise online and offline risks to their well-being – for example, risks from criminal and sexual exploitation, domestic abuse, female genital mutilation, forced marriage, substance misuse, gang activity,			Lesson 6					Lessons 3, 8		

radicalisation and extremism – and making them aware of the support available to them										
Enabling pupils to recognise the dangers of inappropriate use of mobile technology and social media								Lesson 2		
Developing pupils' understanding of how to keep physically healthy, eat healthily and maintain an active lifestyle, including giving ample opportunities for pupils to be active during the school day and through extra-curricular activities							Lessons 6			
Developing pupils' age-appropriate understanding of healthy relationships through appropriate relationship and sex education	Lessons 1, 2, 5, 6		Lesson 5			Lesson 4				

Personal development criteria	**Year 1/2**									
	Family and relationships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing	Family and relationships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing
Supporting readiness for the next phase of education, training or employment so that pupils are equipped to make the transition successfully.	Each year group includes a lesson on transition									
Ofsted will expect the school's relationships, sex and health education curriculum (and wider curriculum) to specifically address sexual harassment, online abuse and sexual violence. The curriculum should also address safeguarding risks (including online risks), issues of consent, and what constitutes a healthy relationship both online and offline.	Lessons 6, 7		Lesson 5			Lessons 4, 7		Lessons 3, 4, 5		
Careers education is only legally required for secondary schools however it is included as part of this scheme					Lessons 5, 6				Lesson 4	Lessons 5, 6

Personal development criteria	Year 3/4									
	Families and relationships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing	Families and relationships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing
Developing responsible, respectful and active citizens who are able to play their part and become actively involved in public life as adults				Lesson 5		Lesson 1			Lesson 1	
Developing and deepening pupils' understanding of the fundamental British values of democracy, individual liberty, the rule of law and mutual respect and tolerance	See British values mapping for KS1, LKS2, UKS2									
Promoting equality of opportunity so that all pupils can thrive together, understanding that difference is a positive, not a negative, and that individual characteristics make people unique	Lessons 6, 7, 8					Lessons 6				
Promoting an inclusive environment that meets the needs of all pupils, irrespective of age, disability, gender reassignment, race, religion or belief, sex or sexual orientation	All lessons are planned to be inclusive.									
Developing pupils' character, which we define as a set of positive personal traits, dispositions and virtues that informs their motivation and guides their conduct so that they reflect wisely, learn eagerly, behave with integrity and cooperate consistently well with others. This gives pupils the qualities they need to flourish in our society		Lesson 3					Lesson 4			

Personal development criteria	Year 3/4									
	Families and relationships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing	Families and relationships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing
Developing pupils' confidence, resilience and knowledge so that they can keep themselves mentally healthy		Lesson 5					Lessons 3, 5, 7			
Enabling pupils to recognise online and offline risks to their well-being – for example, risks from criminal and sexual exploitation, domestic abuse, female genital mutilation, forced marriage, substance misuse, gang activity,			Lesson 7					Lessons 2, 8		

radicalisation and extremism – and making them aware of the support available to them										
Enabling pupils to recognise the dangers of inappropriate use of mobile technology and social media			Lesson 4					Lessons 1, 2		
Developing pupils' understanding of how to keep physically healthy, eat healthily and maintain an active lifestyle, including giving ample opportunities for pupils to be active during the school day and through extra-curricular activities		Lessons 1, 6								
Developing pupils' age-appropriate understanding of healthy relationships through appropriate relationship and sex education	Lessons 1, 2, 3					Lessons 2, 4				

Personal development criteria	**Year 3/4**									
	Families and relationships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing	Families and relationships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing
Supporting readiness for the next phase of education, training or employment so that pupils are equipped to make the transition successfully.	Each year group includes a lesson on transition									
Ofsted will expect the school's relationships, sex and health education curriculum (and wider curriculum) to specifically address sexual harassment, online abuse and sexual violence. The curriculum should also address safeguarding risks (including online risks), issues of consent, and what constitutes a healthy relationship both online and offline.	Lessons 3, 7					Lesson 2				
Careers education is only legally required for secondary schools however it is included as part of this scheme					Lesson 5					Lesson 4,6

Personal development criteria	Year 5/6										
	Family and relation-ships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing	Family and relation-ships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing	Family and relation-ships
Developing responsible, respectful and active citizens who are able to play their part and become actively involved in public life as adults				Lesson 2		Lesson 1					
Developing and deepening pupils' understanding of the fundamental British values of democracy, individual liberty, the rule of law and mutual respect and tolerance	Lesson 8			Lessons 1, 6					Lessons 4, 6		
Promoting equality of opportunity so that all pupils can thrive together, understanding that difference is a positive, not a negative, and that individual characteristics make people unique	Lesson 8					Lesson 4			Lesson 4		Lesson 2
Promoting an inclusive environment that meets the needs of all pupils, irrespective of age, disability, gender reassignment, race, religion or belief, sex or sexual orientation	All lessons are planned to be inclusive.										
Developing pupils' character, which we define as a set of positive personal traits, dispositions and virtues that informs their motivation and guides their conduct so that they reflect wisely, learn eagerly, behave with integrity and cooperate consistently well with others. This gives pupils the qualities they need to flourish in our society	Lesson 4						Lesson 5				

Personal development criteria	Year 5/6										
	Family and relation-ships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing	Family and relation-ships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing	Family and relation-ships
Developing pupils' confidence, resilience and knowledge so that they can keep themselves mentally healthy		Lesson 3					Lesson 5				Lesson 1
Enabling pupils to recognise online and offline risks to their well-being – for example, risks from criminal and	Lesson 3		Lesson 7		Lesson 4			Lesson 1			

sexual exploitation, domestic abuse, female genital mutilation, forced marriage, substance misuse, gang activity, radicalisation and extremism – and making them aware of the support available to them											
Enabling pupils to recognise the dangers of inappropriate use of mobile technology and social media			Lessons 1, 2				Lesson 4	Lesson 3			
Developing pupils' understanding of how to keep physically healthy, eat healthily and maintain an active lifestyle, including giving ample opportunities for pupils to be active during the school day and through extra-curricular activities		Lesson 6					Lessons 3, 8				
Developing pupils' age-appropriate understanding of healthy relationships through appropriate relationship and sex education	Lessons 2, 5, 6					Lessons 2, 5					

Personal development criteria	**Year 5/6**										
	Family and relation-ships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing	Family and relation-ships	Health and wellbeing	Safety & the changing body	Citizenship	Economic wellbeing	Identity
Supporting readiness for the next phase of education, training or employment so that pupils are equipped to make the transition successfully.	Each year group includes a lesson on transition										
Ofsted will expect the school's relationships, sex and health education curriculum (and wider curriculum) to specifically address sexual harassment, online abuse and sexual violence. The curriculum should also address safeguarding risks (including online risks), issues of consent, and what constitutes a healthy relationship both online and offline.			Lesson 1			Lessons 2, 4		Lesson 5			
Careers education (only legally required for secondary schools however it is included as part of this scheme)					Lesson 5					Lesson 6	